

# Workshop and Research Centre

## WINTER 2020 Workshop Program

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The arthaus.berlin Workshop Centre is delighted to announce a brand new programme of week-day and weekend workshops, which will run alongside the school's full-time courses in late 2019 and early 2020. All workshops will take place at the school's base in the beautiful Eden Studios in Pankow, Berlin.

Facilitators are from the school's core pedagogical team and we also welcome a number of close colleagues and guest facilitators. The workshops give participants an opportunity to dive deeper into different themes and forms, as well as to get to know the pedagogical approaches of the arthaus.berlin team.

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**08 Feb 2020**

### **OPEN DAY - An Introduction to *arthaus.berlin***

Free Entry

The Open Day at arthaus.berlin is an opportunity to get an initial insight into our pedagogical approach through a 3-hour workshop with arthaus.berlin founder and director Thomas Prattki. followed by a question and answer session. There is also an opportunity to talk with students about their experiences at the school.

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If you are interested in our two full time courses Devised Theatre and Performance / Embodied Dramaturgy, or our short workshop programs, this is a good way to get a first contact with the school.

Practitioners in the field of the performing arts and everyone interested in a movement-based approach to the creation of one's own original work are very welcome.

The Open Day is free to attend!

Since the number of places on the workshop is limited, we would still ask you to apply by sending us a short letter of motivation/CV.

Every participant in the Open Day also receives a voucher with a 10% discount for one of the workshops of the arthaus.berlin International Summer School 2020 or for the IMPP Summer Retreat 2020 at the Thomas Prattki Centre.

**14 - 16 Feb 2020**

**Mapping the Muse, new paths into devising for performance - led by Rachel Karafistan**

*– for all those interested in making their own work and those who want to find out more about this aspect of the school's pedagogy.*

Workshop Price 170€

Using imagined journeys, dreams, memories, song, words, imagined spaces and a range of exercises designed to liberate both corporeal and cerebral creative potential – this workshop offers a unique chance to explore and discover new territory for devised performance. With your creativity out in the open, we will then ask what makes a good beginning, what message is in your ending, what about the bit in the middle? The workshop will offer suggestions of how to take fragmented ideas and turn them into something whole – embracing and celebrating failures and successes equally along the way.

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**02 - 06 March 2020**

### **The Tuned Mover - led by Valentina Bordenave**

*- refined physical preparation for creatives/artists interested in a somatic approach and in clarity of movement*

Workshop price 190€

Tuning our self-perception through Alexander Technique, we can deeply connect to the natural energy that spirals through our body. How do we interfere with our ability to move? Can we catch ourselves hiding behind our habits? The work provides clear information and tools to reconnect with our psychophysical entity. In this state of refined awareness, we approach movement through dance.

We'll take risks, working hard to do less, doing less in order to have more clarity, having fun, astounding ourselves.

Valentina has worked intensively over the course of two decades, sharing with others the joy of exploring the relationship with our physical intelligence. This workshop is an invitation to experience ourselves as an infinite source of gentle strength and powerful softness, redefining and enjoying how we relate to our fantasy, to music, to each other in the space.

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**13 - 15 March 2020**

### **Embodied Memory - led by Ariel Gutierrez**

Workshop price 170€

"Memory is not an instrument for surveying the past but its theatre."

- Walter Benjamin, Berlin Childhood around 1900

This workshop explores the idea of embodiment and memory as key elements in the process of developing original work. Working with the Neutral Mask, participants are

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invited to make links between movement and emotion, life and art, the physical body and the poetic body and embodied memory.

Participants will gain a deeper understanding of the essential dynamic forces within any art form, their vital function in the construction of artistic work, and how to apply them to dramatic creation.

The workshop is designed for practitioners interested in exploring physical theatre.

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To apply for any of our workshops, please email us at [welcome@arthaus.berlin](mailto:welcome@arthaus.berlin)

Weekend Workshop times:

Friday 18:00 - 20:30, Saturday 10:00 - 17:00, Sunday 10:00 - 17:00

Workshop price 170€

The Tuned Mover times:

Mon - Friday 09:30 - 13:00

Workshop price 190€